



SAILING INSTRUCTIONS

SWEDISH CHAMPIONSHIP INTERNATIONAL ONE METRE, IOM

Munksjön, Jönköping, Sweden

27 -29 September, 2024

Organized by:

**Svenska Enmeterförbundet in co-operation with
Segelsällskapet Kaparen**

1. Rules

- 1.1 The event will be governed by the rules as defined by the Racing Rules of Sailing and with Appendix E.
- 1.2 The races will be umpired as provided for in the World Sailing test rules DR21 02 – TEST RULES FOR UMPIRED RADIO SAILING. These rules can be found on www.iomsweden.se.
- 1.3 Rule 31 is changed so that a boat may touch a rounding mark, but not a start or finishing mark.



2. Changes to the Sailing Instructions

- 2.1 Any change to the schedule of races will be posted on www.iomsweden.se by 20:00 on the day before it will take effect.
- 2.2 Any change to the sailing instructions will be posted on the official notice board located close to the control area 10 minutes before any race where the changes will take effect. However, changing of the control area will be informed orally.
- 2.3 The course to sail will be announced orally at least two minutes before the start of a heat.

3. Race format and the start

- 3.1 The Simple Heat Racing System (SHRS) will be used as stated in the NoR and is published on www.iomsweden.se. For scoring one discard will be added for every four races completed in a series, i.e. after 4, 8, 12 (and so on) races. The heat racing schedule with the Heat Movement Table, and results, will be visible on a screen close to the control area or on the official notice board.
- 3.2 RRS Appendix E3.4 will apply. A boat starting more than three minutes after the starting signal will be scored did not start (DNS). This changes RRS A5.1 and A5.2.
- 3.3 After a general recall, RRS 30.1 (I flag), RRS 30.3 (U flag) or RRS 30.4 (black flag) may be used. The race committee will announce this orally not later than two minutes before the next start.
- 3.4 The race committee may appoint observers as provided for in RRS E5.1. Appointed competitor will be informed of this duty at least five minutes before the start of the heat in which he is to be an observer.

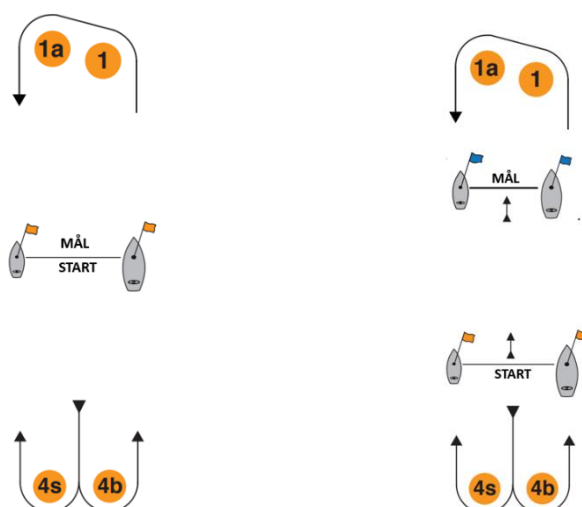
5. The course

- 5.1 The course used will be either Course A or Course B. This will be announced orally by the race committee not later than two minutes before the start.



Both courses are to be sailed: Start – Mark 1 – Mark 1a – Mark 4s/4b – Mark 1 – Mark 1a – Mark 4s/4b – Finish. Mark 1A and Mark 1B, are to be left to port. Mark 4s/4b is a gate. The rounding marks are red buoys.

- 5.2 Course A has the starting line and finishing line between two yellow buoys. Course B has separate starting line and finishing line, both with yellow buoys.



- 5.3 The race committee will try to set the course so that a race will take approximately 10 minutes for the first boat.
- 5.4 The time limit for the first boat to sail the course is 20 minutes.
- 5.5 A boat that does not finish within five minutes after the first boat has finished, will be scored did not finish (DNF). This changes RRS 35.

6. Protests and requests for hearings

- 6.1 Unresolved incidents, other protests and requests for redress shall be reported to the race committee as soon as possible after the last boat has finished in the heat.
- 6.2 The protest committee will have all hearings in accordance with DR21 02 – URS 7. This changes RRS Appendix E6.

Date: 2024-06-04